




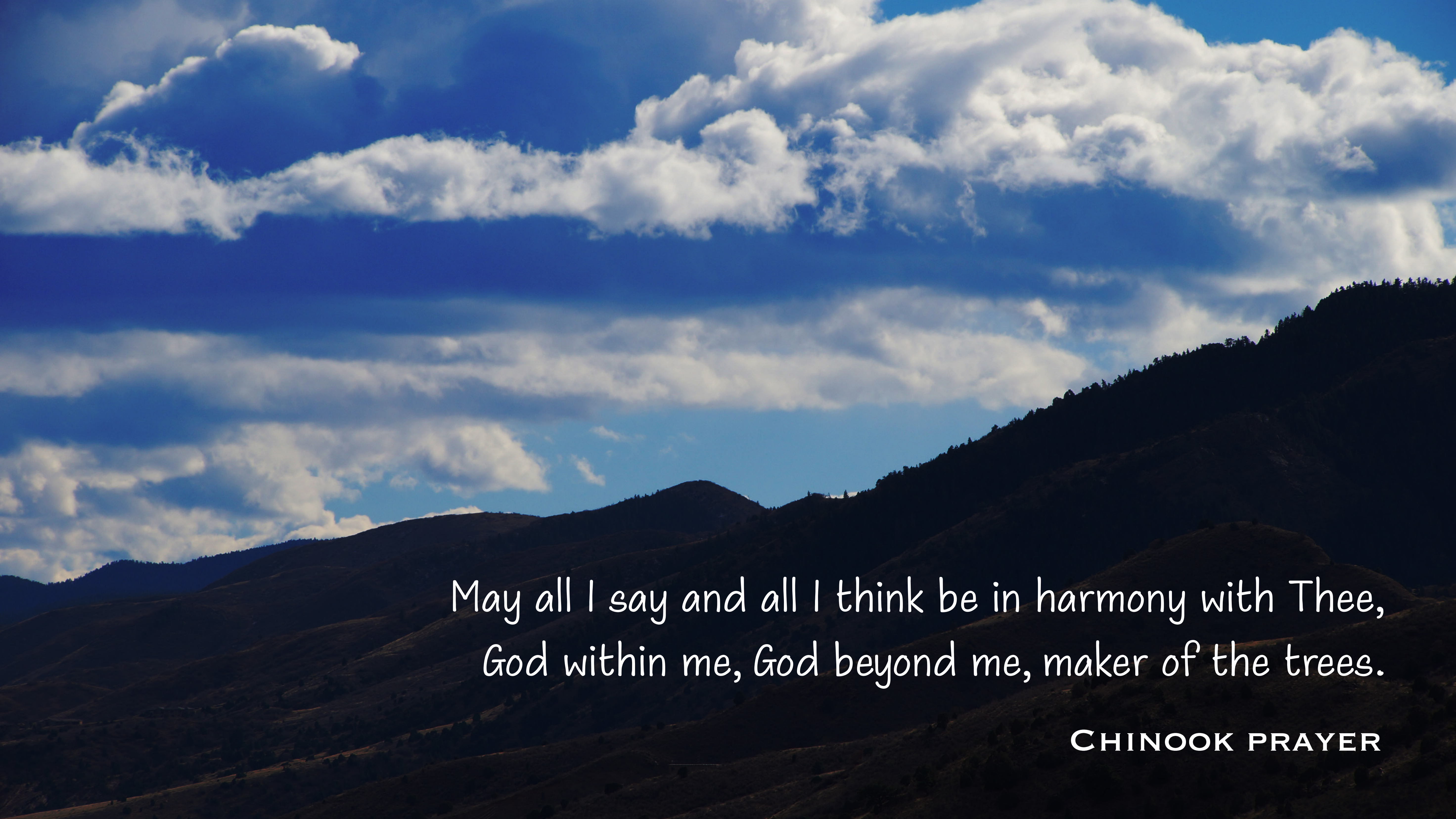
PRAYERS

FOR BEGINNERS

A photograph of a beach at low tide. The foreground shows a wide expanse of wet, light-colored sand. In the middle ground, gentle waves with white foam are washing onto the shore. The water extends to the horizon under a clear, pale blue sky. The overall mood is peaceful and natural.

Water flows over these hands.
May I use them skillfully
to preserve our precious planet.

THICH NHAT HAHN



May all I say and all I think be in harmony with Thee,
God within me, God beyond me, maker of the trees.

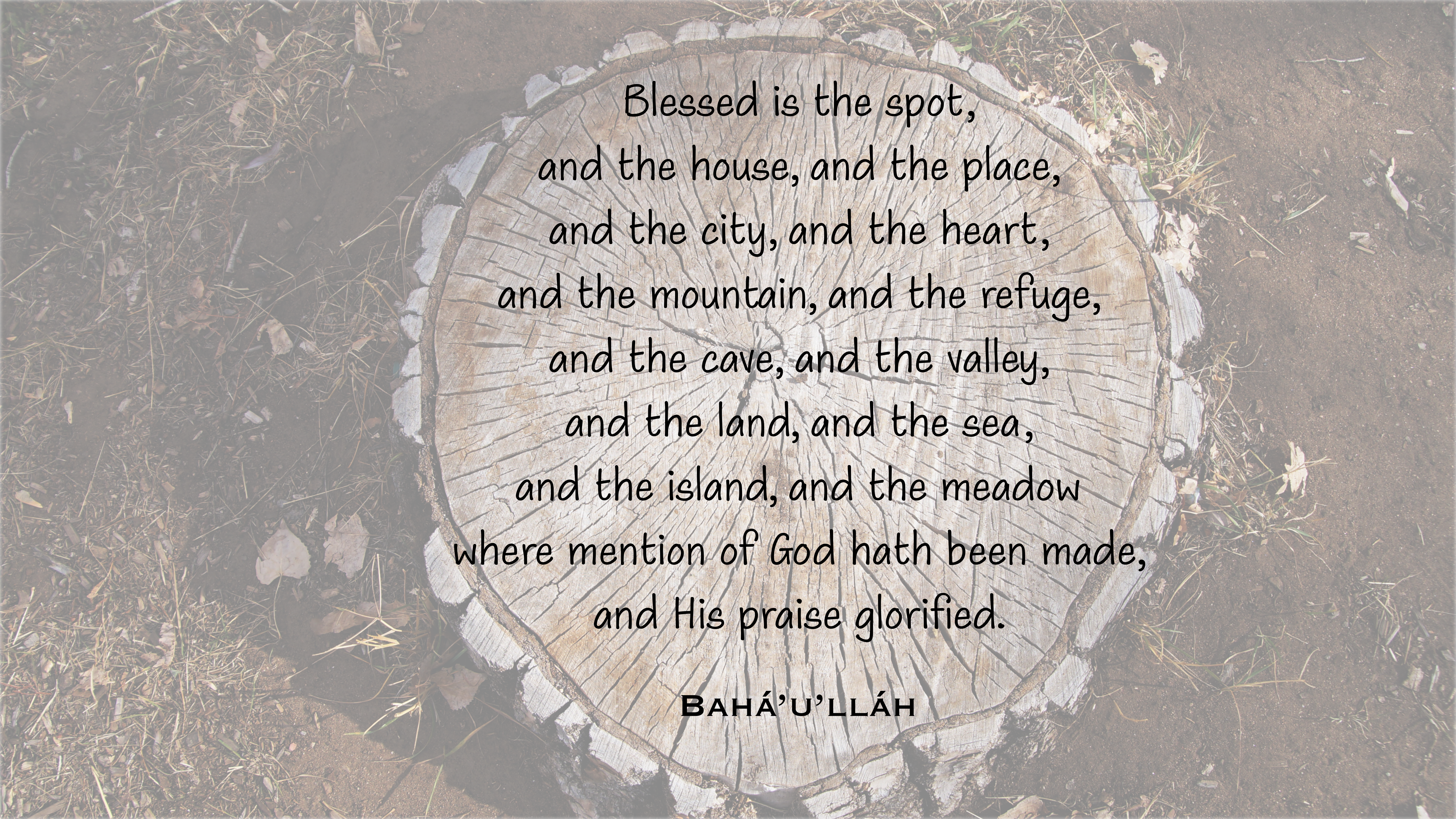
CHINOOK PRAYER



O SON OF BEING!
Love Me, that I may love thee.

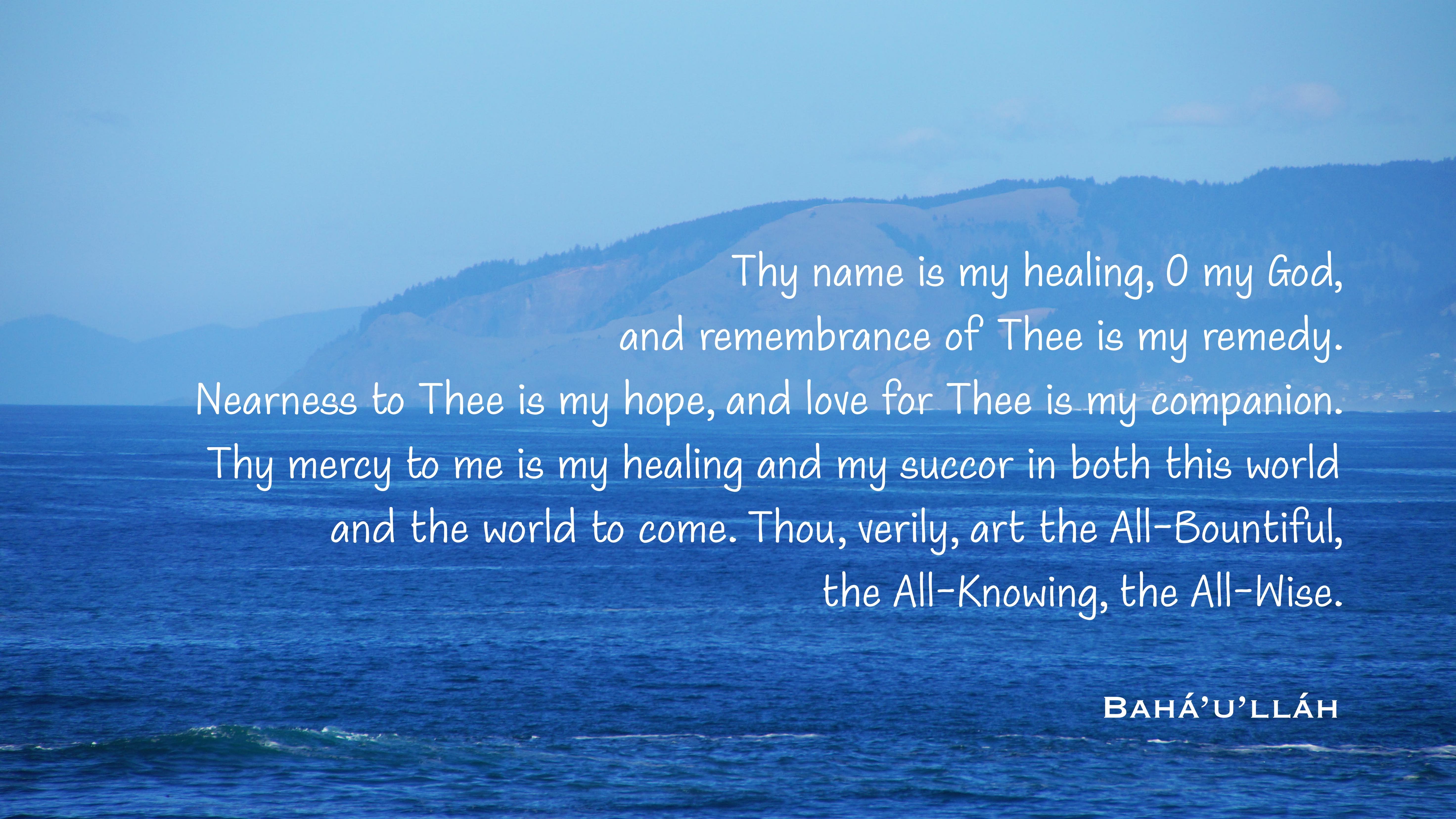
If thou lovest Me not,
My love can in no wise reach thee.
Know this, O servant.

BAHÁ'U'LLÁH, THE HIDDEN WORDS

A circular cross-section of a tree trunk, showing the concentric growth rings of the wood. The wood is light brown and has a rough, weathered texture. The tree is set in a natural environment with dark brown soil, dry grass, and some small green plants around its base. The text is overlaid on the wood in a black, handwritten-style font.

Blessed is the spot,
and the house, and the place,
and the city, and the heart,
and the mountain, and the refuge,
and the cave, and the valley,
and the land, and the sea,
and the island, and the meadow
where mention of God hath been made,
and His praise glorified.

BAHÁ'U'LLÁH



Thy name is my healing, O my God,
and remembrance of Thee is my remedy.
Nearness to Thee is my hope, and love for Thee is my companion.
Thy mercy to me is my healing and my succor in both this world
and the world to come. Thou, verily, art the All-Bountiful,
the All-Knowing, the All-Wise.

BAHÁ'U'LLÁH



We acknowledge that human diversity is an expression
of Your manifold love for Your creation.

We confess that in our brokenness as human beings
we turn diversity into a source of alienation,
injustice, oppression and wounding.

Empower us to be architects of understanding, respect and love.
Through the Lord, the ground of all unity, we pray.

UNKNOWN

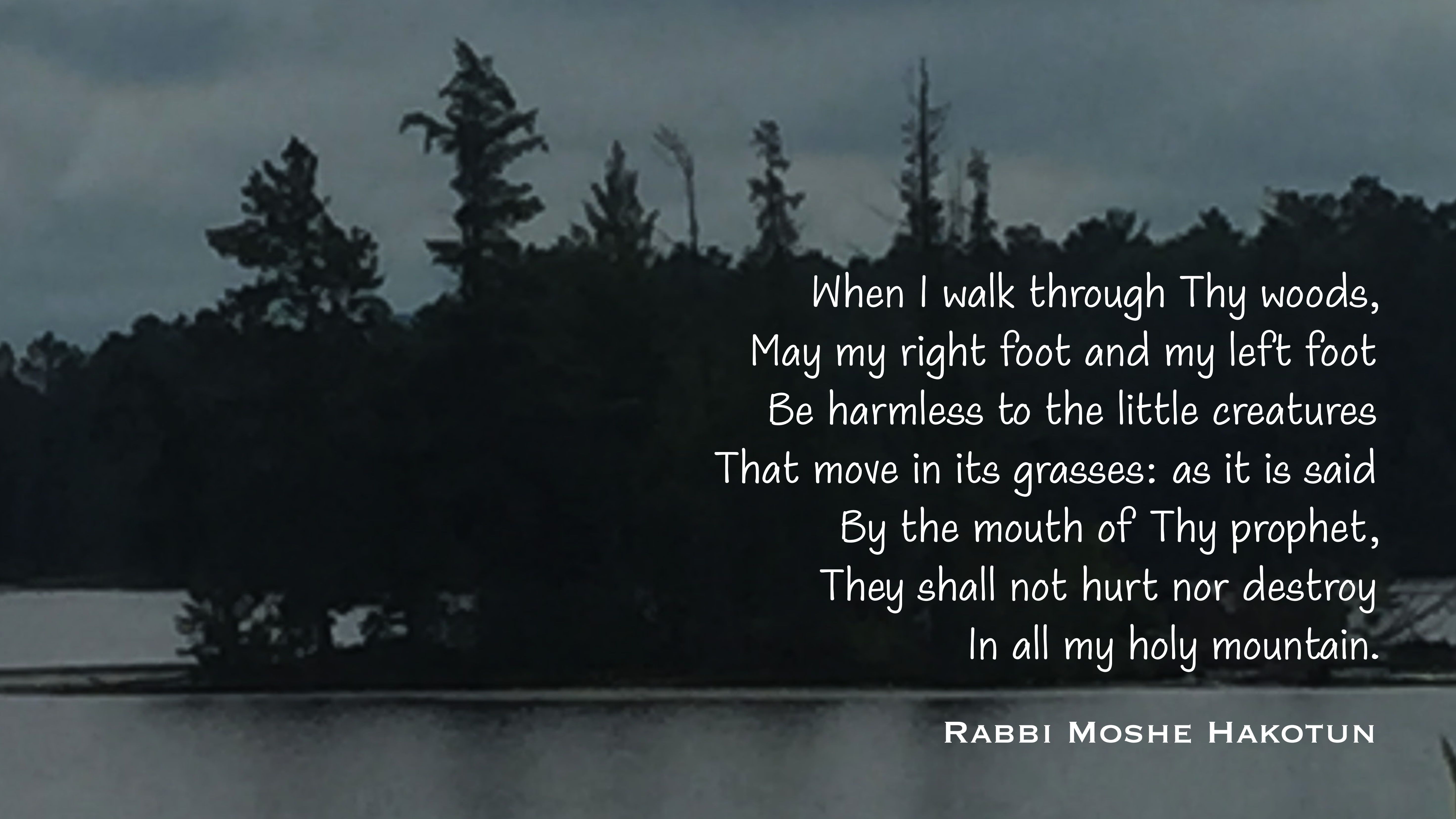
A large, gnarled, leafless tree stands prominently in the foreground of a park. The tree's trunk is thick and twisted, with many bare branches reaching out. In the background, a playground with colorful equipment and a picnic table are visible. The ground is covered with fallen leaves, and the sky is a pale blue. The text is overlaid on the right side of the image.

O God
Make me a hollow reed
Through which the pith of self has been blown
So that I may become a clear channel
Through which Thy love
May flow to others.

GEORGE TOWNSHEND

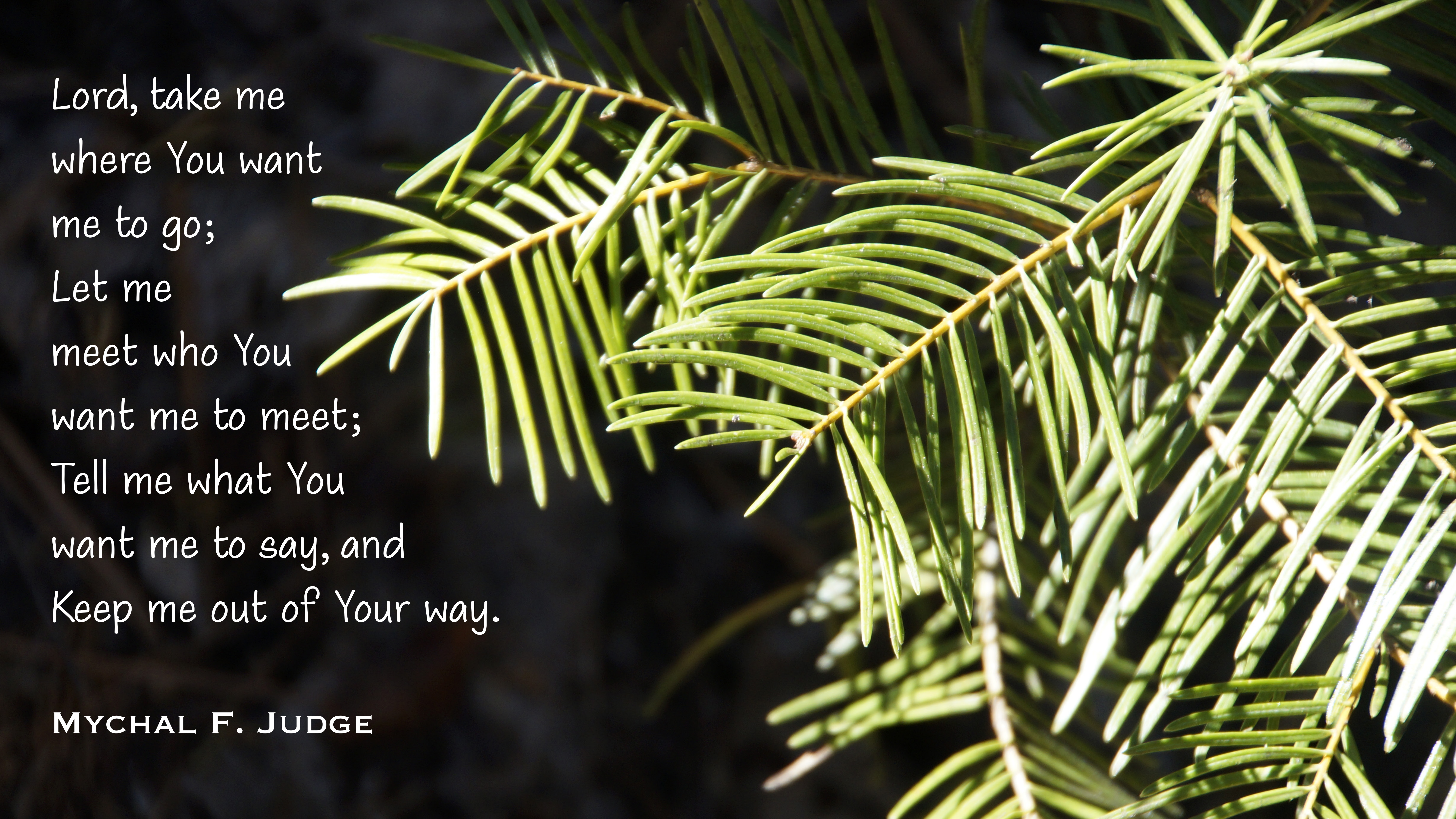
O God! Refresh and gladden my spirit. Purify my heart.
Illumine my powers. I lay all my affairs in Thy hand.
Thou art my Guide and my Refuge.
I will no longer be sorrowful and grieved;
I will be a happy and joyful being.
O God! I will no longer be full of anxiety,
nor will I let trouble harass me.
I will not dwell on the unpleasant things of life.
O God! Thou art more friend to me than I am to myself.
I dedicate myself to Thee, O Lord.

‘ABDU’L-BAHÁ



When I walk through Thy woods,
May my right foot and my left foot
Be harmless to the little creatures
That move in its grasses: as it is said
By the mouth of Thy prophet,
They shall not hurt nor destroy
In all my holy mountain.

RABBI MOSHE HAKOTUN

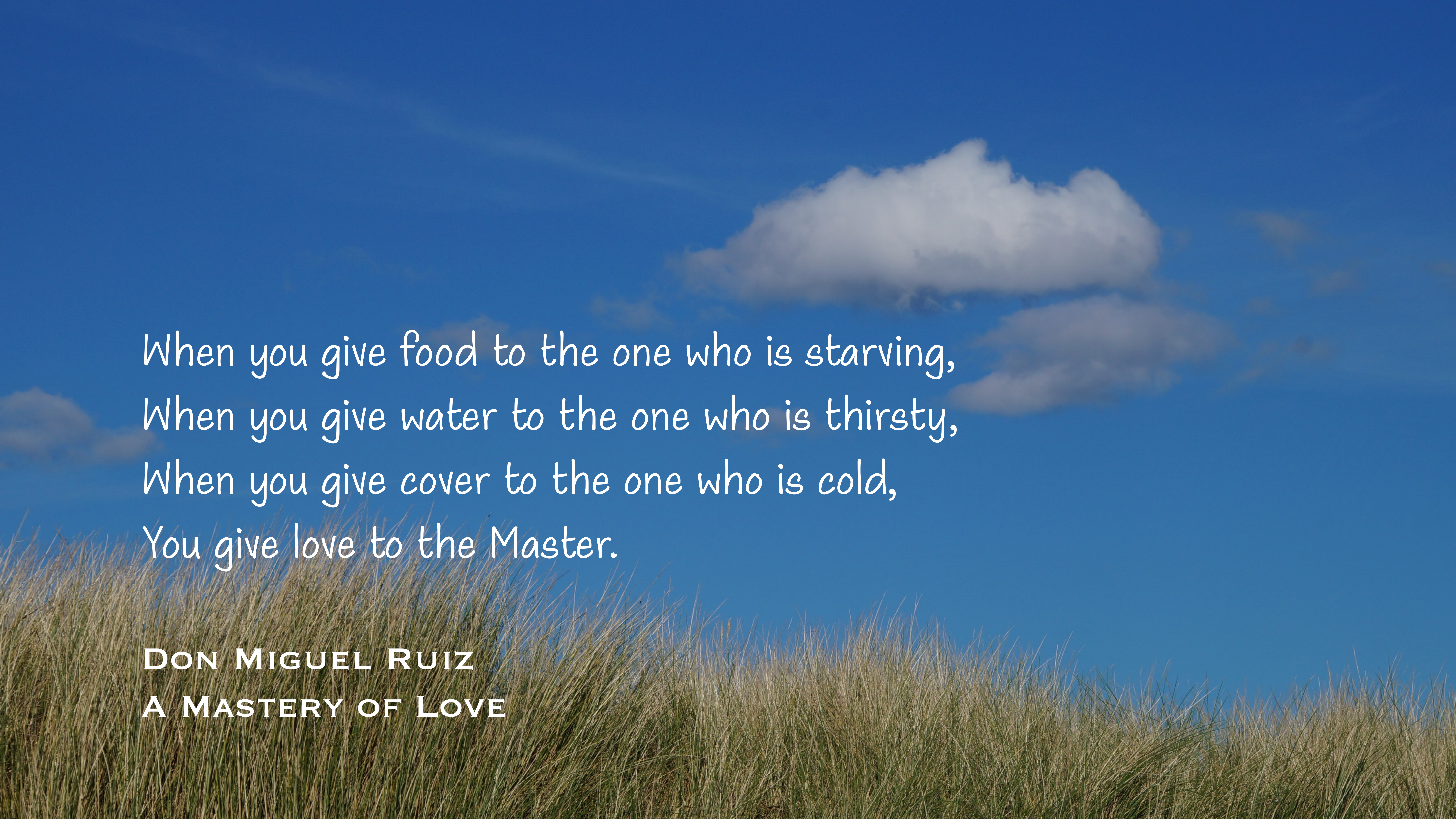
A close-up photograph of a pine branch with vibrant green needles. The needles are long and thin, arranged in clusters along a brownish stem. The background is dark and out of focus, making the green needles stand out. The lighting is bright, creating highlights on the needles.

Lord, take me
where You want
me to go;
Let me
meet who You
want me to meet;
Tell me what You
want me to say, and
Keep me out of Your way.

MYCHAL F. JUDGE

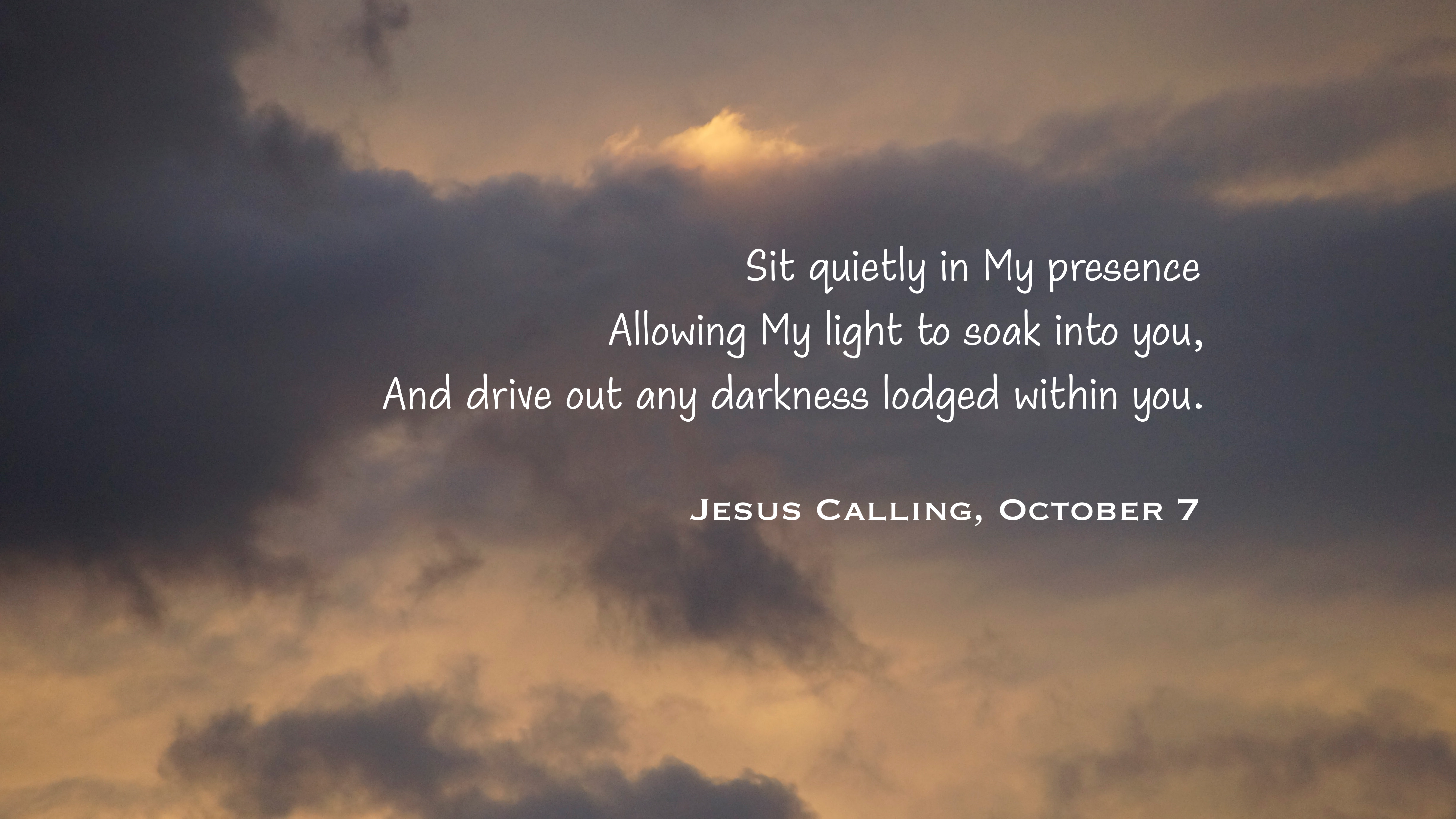
O God, illuminate our hearts with light,
our eyes with light and our ears with light;
and let there be light on our right and light on our left.
Let there be light above us and light below us;
let there be light in front of us and light behind us.
O God, make us a light.

THE PROPHET'S PRAYER



When you give food to the one who is starving,
When you give water to the one who is thirsty,
When you give cover to the one who is cold,
You give love to the Master.

DON MIGUEL RUIZ
A MASTERY OF LOVE



Sit quietly in My presence
Allowing My light to soak into you,
And drive out any darkness lodged within you.

JESUS CALLING, OCTOBER 7

Is there any Remover of
difficulties save God?


Say: Praised be God!

He is God!

All are His servants,
and all abide by His bidding!

THE BAB





O Great Spirit, help me always
to speak the truth quietly,
to listen with an open mind
when others speak and
to remember the peace
that may be found in silence.

CHEROKEE PRAYER

I am a link in Lord Buddha's golden chain of love
that stretches around the world.

I must keep my link bright and strong.

I will try to be kind and gentle to every living thing,
and protect all who are weaker than myself.

I will try to think pure and beautiful thoughts, to say pure and beautiful words,
and to do pure and beautiful deeds, knowing that on what I do now
depends my happiness and misery.


May every link in Lord Buddha's golden chain of love
become bright and strong and may we all attain perfect peace.

BUDDHIST PRAYER

May all in this world be happy,
may they be healthy,
may they be comfortable
and never miserable.

May the rain come down in
the proper time,
may the earth yield plenty of corn,
may the country be free from war,
may the Brahmans be secure.

HINDU MORNING PRAYER



Lord, the air smells good today,
straight from the mysteries
within the garden of God.
The trees in their prayer,
the birds in praise,
the first blue violets,
kneeling.

SUFI MYSTIC POET RUMI